

Hello Orchestra,

Tuesday mornings will not be the same without meeting CLO friends so we thought it would very good to keep in touch. Inspiration came in the form of an online newsy magazine which we hope to send you every Tuesday morning if we have enough contributions. This will be our first effort and we hope you will enjoy reading it. We will be delighted if you could email us with your contribution (100-200 words) in any area. This could be an anecdote about yourself, favourite piece of music, hobby, puzzle, joke, survival tactics, recipe or gardening ideas etc. We do look forward to hearing from you soon at [hanes@btinternet.com](mailto:hanes@btinternet.com).

Very best wishes, Diana Hanes.

**FROM THE ROSTRUM**



Hello Everybody

Welcome to this first edition of the CLO's newsletter. Our thanks to Diana and Roger Hanes for putting it all together, as a way of keeping in touch with you all during this enforced hiatus from rehearsals.

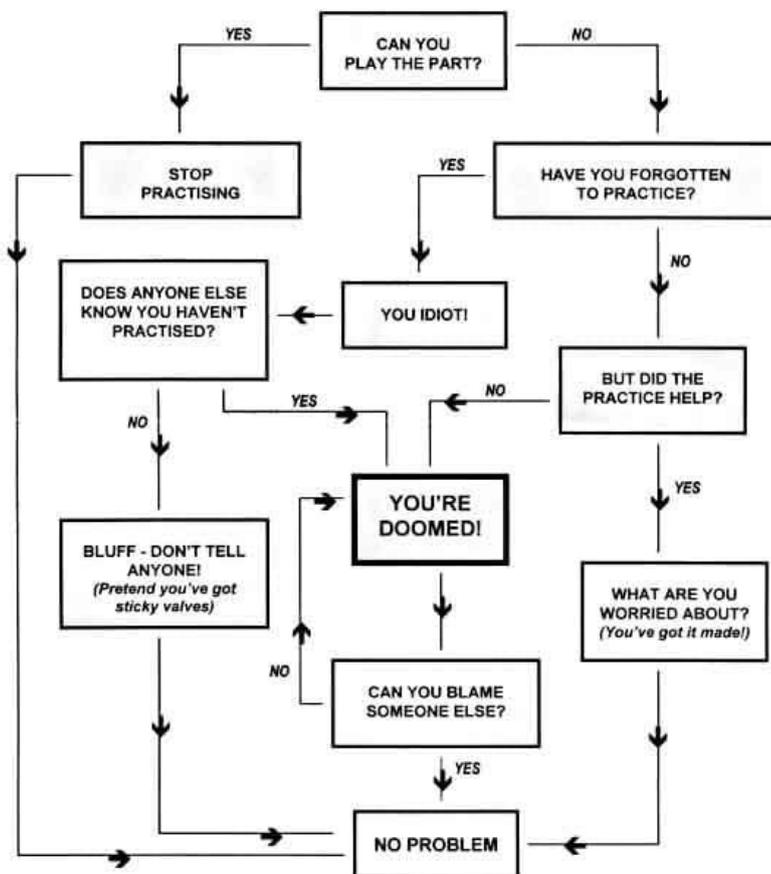
We shall try not to mention the dreaded C word as we aim to keep you amused and informed about anything relevant or indeed irrelevant!

So far we've been lucky with very sunny weather. The winds been a tad chill, which hasn't helped my golf, well that's my excuse, but it has dried out the ground to enable the ball to go an inch or two further. My garden will certainly benefit from this 'extra' time and come July should be blossoming to a Percy Thrower standard. Remember him? Before my time!! He was a Shrewsbury man you know!

Of course there is the thorny subject of music practice, but let's not spoil this first edition. Keep well, safe and remember laughter is always the best medicine!

Best wishes to you all, Roger.

**REHEARSAL PROBLEM-SOLVING FLOWCHART**



## LOW DOWN FROM THE DOUBLE BASS SECTION

About eight years ago whilst playing oboe in Trianon, Andrew Fairley tried to persuade me to take up the double bass. He so much enjoyed it after playing flute for many years. The front row of the woodwind always suffers from flack and it seemed to me that the double bass section never got picked on and were always joking amongst themselves. After a couple of years of goading me, Andy found a double bass for sale which had belonged to the late husband of Maureen Stannard, who until recently played viola in CLO. This was the start! I had two lessons from a friend at church. After a month I just happened to be delivering some music to Andy's house in Bredfield. He opened the door and said "Here is your music for next Tuesday". I was gobsmacked! but much against my better judgement he persuaded me to come to CLO. I was the fourth double bass after Peter Lister, Don Cheesewright and Andy. Well as you can imagine, it was pretty disastrous. I just about managed the first note in each bar and if it was wrong it might have harmonised anyway. My favourite piece then was Sailing By, only one note per bar... Roger Jones then took over as conductor. I remember his words to this day. Why is it that we have Sailing By in our pack!

Roger Hanes

**Sue Hockenhull** has already knitted these wonderful giraffes! They are for the Convent Christmas Fair raising money for the overseas work of Sisters of Jesus & Mary.

Meet Gerald, Jeremy & Geoffrey!



## THIS WEEKS FAVOURITE MUSICAL PIECE

Recently after years of playing the oboe, we decided that you can't go through life without owning a cor anglais. I set off London with a fat cheque book. It's a beautiful instrument to play, so much easier than the oboe, which as everybody knows is the most difficult orchestral instrument, that is except the horn players who think differently! The music I have chosen is one of my favourite cor pieces. I have arranged it for cor anglais, flute and piano and played it recently on tour with Trianon in Warwick.

<https://www.youtube.com/watch?v=FPY5CQ5Sx14> Hope you enjoy it.

Roger Hanes

## RECIPE OF THE WEEK - Favourite Apple Cake

This can be eaten as a cake or warm pudding. Any type of apples can be used. It is straightforward and very tasty.

Ingredients: 225g self raising flour                      150g melted butter  
                  1 level tsp baking powder                250g apples peeled and chopped (Not finely)  
                  220g caster sugar                                Half tsp almond extract  
                  2 large eggs                                        25g flaked almonds (optional)

Method:

1. Preheat the oven to 160C or 140C fan and grease a 20cm loose bottomed tin. Prepare your apples.
2. Mix together the flour, baking powder, sugar, eggs, almond essence and melted butter until smooth.
3. Spread half the mixture in the bottom of the tin and then spread the apples on top. Then put the remaining mixture over the top.
4. Sprinkle the almonds on.
5. Bake in the preheated oven for 1hr 15mins to 1hr 30mins until cake is a golden colour and shrinking away from the sides of the tin.

Diana Hanes

## THOUGHT FOR THE WEEK

I do thank God for the gift of music. Especially at this time of isolation it can provide a means to help us remain cheerful and occupied. I was reminded of a famous composer who self-isolated, but not for fear of infection. At 57, Handel was in debt and suffering from severe depression, so he retreated into seclusion. He glanced through Charles Jenners manuscript for 'A Sacred Oratorio'. He saw the words 'He was despised and rejected of men...'. The words began to throb within him. Handel seized a pen. Music flowed through his mind so quickly. For 24 days he remained in his room. Food was brought to him, but often it was left untouched. Sometimes his tears mingled with the ink. Later Handel said, "I think I did see all heaven before me, and the great God Himself." The Messiah was performed in London before the King of England. As the Hallelujah Chorus was sung, the king was so moved that he rose to his feet. Audiences have followed his example ever since. At this time, I think we are all in need of some divine inspiration to fill our time usefully!

Brian Hempstead (1<sup>st</sup> Violins)